

You have been accepted to Grenoble INP, institute of engineering Univ. Grenoble Alpes, congratulations! Several services are here to help international students like you settle in. This document gathers all of the information and contacts you may need in order to prepare for your stay.



ISSO - INTERNATIONAL STUDENTS AND SCHOLARS OFFICE

ISSO helps you with matters that are not directly related to your school registration: accommodation, visa, healthcare, everyday life, etc.

You should find all the information you need on their website dedicated to international students:

international.univ-grenoble-alpes.fr/en/

Contact :

International Welcome Service - on-campus desk
1 025 avenue centrale - Domaine universitaire
38 402 St-Martin-d'Hères, France

Trams B and C stop « Bibliothèques universitaires »

Open all-year round between 9am and 5pm

isso@univ-grenoble-alpes.fr

→ APPLY FOR A VISA

If you are not a citizen of a European Union or European Economic Area country, you will have to apply for a long-stay student visa in order to study in France, also called 'VLS-TS'.

Note that in some countries, the procedure can take several weeks, please consult your **local French consulate** for more information. Upon arrival, your 'VLS-TS' visa will have to be validated by the administration in charge, called 'OFII'. ISSO can assist you in the procedure when you arrive.

More information: international.univ-grenoble-alpes.fr/en/, « Students - Visas and resident permits » section.

Our advice: Prepare the section concerning your financial resources in your visa application with extra-care, it's a key element!

→ LOOKING FOR ACCOMODATION

It is an important aspect of the preparation of your stay, we advise you to seek accommodation as early as possible.

Three main options are available: university housing with CROUS residences - the most financially interesting solution, but with limited number - the 'Houille Blanche' residence, primarily for Grenoble INP Students, and finally private rentals.

More information: international.univ-grenoble-alpes.fr/en/, « Students - Accomodation » section.

Our advice: Be careful with online ads, avoid transferring money to strangers as much as possible before your arrival.

→ ABOUT HEALTH

In France, the social security system allows partial reimbursement of health expenditures (medical consultation, drugs, hospitalization...). To receive this benefit, most students will have to enroll when they register at their school (with a fee of 215 euros in 2016). For more information concerning enrollment, complementary health policies, or referring doctors, go to international.univ-grenoble-alpes.fr/en/, « Students - Health » section.

For the administrative registration at your school, you must provide proof of **liability insurance**, for which you can enroll with your student social security insurance.

Please note that there is an university Healthcare Center in Grenoble reserved for students and staff, offering general and specialty healthcare consultations, advice, first-aid certification training and a family-planning clinic (more information on centre-sante.univ-grenoble-alpes.fr/).

Our advice: The French healthcare system seems complex at first, but it is highly useful in case of sickness. Do not hesitate to ask us any question you may have.

→ PREPARE FOR YOUR TIME HERE

While you seek accommodation and apply for a visa, you should also think about your everyday life in France: What monthly budget to expect for housing, food, transportation, social activities? What insurances are mandatory? Who are my contacts in my school? How to finalize my registration upon arrival? It's important to have an idea of the different steps you will have to go through once you arrive.

More information: international.univ-grenoble-alpes.fr/en/, « Students - Practical matters » section.

Contacts of each school (international office and administration) of Grenoble INP are available on the schools' websites (see below).

We have an International Student Desk (Bureau International Étudiant in French - BIE), a student association dedicated to the reception and integration of international students, through social events and activities organized all year long (information on their [Facebook page](#)).

Our advice: When booking your plane/train/bus tickets, try to arrive in Grenoble before 7pm and not on a Sunday, as most shops will then be closed and transportation less frequent.

→ PLAN YOUR ARRIVAL

Your departure is imminent? Being well-prepared means less time needed to get everything in order once you are here.

The first days can be stressful, and you will have a lot to deal with at the same time: settling into your accommodation or finding one, registering at school, validating your visa, enrolling in the healthcare system... All of it in a completely new environment! Bear in mind that you don't have to deal with it all alone. In case of need, do not hesitate to call your school's contacts or even ISSO.

We can greet you upon arrival at the train/bus station. You have to ask the BIE (see above) directly or through the form available on www.grenoble-inp.fr, « International - incoming » section, « Prospective international student » page.

Getting to Grenoble? Important documents checklist? international.univ-grenoble-alpes.fr/en/, « Students - Coming to study - Travelling to the Communauté Université Grenoble Alpes/Checklist » sections.

Our advice: Bring with you at least 6 identity photos and 2 copies of each of your important documents: passport, visa, acceptance letter, birth certificate... You might need them during the first days of your arrival.

For more information, you can go to our website www.grenoble-inp.fr, « International » section, or get in touch with our central International Relations department: international.welcomeservices@grenoble-inp.fr.

Each school also has its own international relations department, which will be able to answer your questions, (contacts on schools' websites: [Ensimag](#) - [Ense³](#) - [Phelma](#) - [Pagora](#) - [Esisar](#) - [Génie industriel](#))